

Aging and Disability Resource Center (ADRC) of Calumet, Outagamie and Waupaca (COW) Counties
Regional Advisory Committee Minutes
January 10, 2019

Members Present: Karth, Meyer, Cousins, Myers, Barkmeier, Jacklin, Lamers, Craig, Brunner,

Members Excused: Laux, Larson

Public: Lois Strong, Coordinator, Oneida Nation Commission on Aging
Patricia Lassila, Chairwoman, Oneida Nation Commission on Aging

Staff Present: Elias Planner, Krueger, Kramer, Dewhurst

1. CALL TO ORDER: Craig, Vice Chair called the meeting to order at 2:00 p.m.
2. QUORUM: It was determined that a quorum was present.
3. INTRODUCTIONS: Introductions of members and staff.
4. APPROVAL OF THE AGENDA AND MINUTES: Minutes of the November 2018 minutes and the agenda for January 10, 2019 were approved. Motion made by Karth, second by Myers. Approval was unanimous.
5. PUBLIC PARTICIPATION: None
6. COMMUNICATIONS: None
7. HEALTH AND WELLNESS ANNUAL REPORT: Krueger provided an overview of the Evidence Based Health Promotion Classes including: Strong Women (AKA Strong Bodies); Stepping On; Falls Prevention Workshop; Living Well with Chronic Disease: Self-Management Workshop; Health Living with Diabetes; and Tai Chi. Krueger overviewed the CarFit education program that offers older adults the opportunity to check how well their personal vehicles “fit” them. Krueger had received a 2018 Health Aging STAR “Above and Beyond” Award from the Wisconsin Institute for Health Aging (WIHA).
8. COMMITTEE MEMBER UPDATES AND REPORTS: Brunner shared updates from the Caregiver Coalition of Waupaca County. The coalition has approximately 50 members and became a 501 (3) (C) in 2018. Dream Flights, the WauKing Walk, and the Caregiver Conference are primary activities of the coalition. Brunner will be holding a Powerful Tools for Caregivers class beginning in April. On January 23rd, Waupaca County will be hosting a session on Trauma Informed Care, which Brunner will attend.
Topics discussed by committee members included: Quality checks by the Department of Health Services for the Non-Emergency Medical Transportation Program and the Managed Care Organizations and the role of the Ombudsman Program.
9. FOX VALLEY TECHNICAL (FVTC) COLLEGE PRESENTATION: Cousins reported that Dr. Allan D. Mitchler, FVTC Chilton, will present at the March 14, 2019 Regional Advisory Committee meeting, along with a representative from the Appleton FVTC. The representatives will present on programming for older adults at the technical colleges.
10. WAUPACA COUNTY CITIZEN MEMBER: A citizen member is still needed for Waupaca County for the Regional ADRC Advisory Committee. Since all target audiences are represented on the committee, the new member may represent older adults or adults with physical or developmental disabilities.
11. TOPICS FOR FUTURE DISCUSSION: Topics for future discussion were reviewed. A representative from the Ombudsman Program; Janet Zander from GWAAR; Options for Independent Living; Fox Valley Memory Project; and Advanced Care Planning and Supportive Decision Making.

12. REPORT OF AGING AND DISABILITY RESOURCE CENTER: ADRC Connection newsletters were shared. Outagamie County has a new support staff, Hannah Miller and a new Information and Assistance Specialist, Emily Murphy. Calumet County has purchased two new minivans with funding from a 5310 grant. Kathy Groeschel has been assisting eligible customers with Homestead Credit. Memory Cafes in Calumet County will be held at the Chilton Library only. New brochures for the Memory Cafes were shared by Dewhurst. Grants are available through Clean Future USA. An ADRC regional staff training was held on December 14th at the FVTC in Appleton. Speakers included: Everett Thunder Black, Oneida Nation of Wisconsin; Karen Nelson, Cultural Diversity and Inclusion, City of Appleton; Kate Schilling, GWAAR Attorney; and Dana Johnson, Grow My Life, LGBTQ+ Community. Staff received Continuing Education Units (CEU's) for the session with Dana Johnson. Waupaca County is interviewing for a full time Information and Assistance Specialist. The position was previously part time Adult Protective Services and part time Information and Assistance Specialist.

MEETING ADJOURNED: Motion by Lamers, second by Jacklin. Unanimous vote to adjourn.

NEXT MEETING: Thursday, March 14, 2019 at 2:00 p.m.
Goodwill Industries, 1800 Appleton Road, Menasha, WI

These are unapproved minutes.