

## **Waupaca County Nutrition Advisory Council Meeting Minutes**

**Thursday, August 16, 2018**

**1:30 pm**

**Manawa Nutrition Site**

**Little Wolf Town Hall**

**E6325 County Rd. N**

**Manawa, WI 54949**

*This meeting and all other meetings of this committee are open to the public. Proper notice has been posted and given to the press, in accordance with Wisconsin Statutes so that citizenry may be aware of the time, place and agenda of the meeting.*

**Jan Lehrer called the meeting to order at 1:30 pm. A Quorum was established.**

**Members Present:** Jan Lehrer, Wayne Laux, Carol Elvery, Barb Quinn, Janet Reilly.

**Members Absent:** Dave Steffens, Betty Kaminske.

**Others Present:** Melissa Anderson, *Aging Services Supervisor*, Leah Klein, *ADRU Manager*, Pat Huber, *ADRC Clerk*, Cassie Porrey, *Iola Nutrition Site Manager*, Bev Laux, *Community Member*, Ed Huber, *Community Member*.

**Adoption of Agenda:** A motion was made by Wayne Laux and seconded by Carol Elvery to adopt the agenda. **Motion carried.**

**Adoption of the Minutes of the May 17, 2018 meeting:** A motion was made by Carol Elvery and seconded by Barb Quinn to accept the minutes as printed. **Motion carried.**

**Public Comment:** None.

### **Nutrition Site Updates:**

- 1) Waupaca site is doing very well and is adding new participants regularly and has a good staff of volunteers. Food quality has been an issue and will be addressed later in the meeting.
- 2) Weyauwega site is having very low participation in congregate dining, however home delivered meals are growing. They have a small, but dedicated staff of volunteers, which is very fragile, at this point. The Committee on Aging is recommending that the congregate meals only occur three times a week, while home delivered meals would remain at five days a week.
- 3) New London site is growing and has a need for volunteers willing to drive outside of the city, as now they have no drivers leaving the city. Creative transportation of meals is being utilized to serve those participants that live outside the city limits.
- 4) Iola site has a new manager, Cassie Porrey, who is present today, as well as having a new senior aid, which has helped. Both congregate and home delivered meals participation has been steady.
- 5) Marion site congregate dining continues to hold steady, though home delivered meal participation is down. Mary Riske has done an excellent job with the program in spite of construction issues and a gas leak.
- 6) Manawa site has lost their manager and due to the vacancy there will be six days in September when the site will be closed. Currently the site only has one regular diner, three occasional diners.
- 7) Clintonville site shows steady numbers in congregate dining with home delivery participants increasing. So far they are able to meet their needs with the volunteers they currently have.

### **2019 Nutrition Program Budget:**

Rising meal costs, increased participation, meal packaging, transportation have all increased the cost of this program. So far this year we are running a deficit of \$142,000 this year and the projected deficit for 2019 is \$160,000. The State has informed counties to expect a 5% decrease over the next three years in funding for the nutrition program.

**Menu Challenges:**

- 1) The program has had some issues with the quality of the food coming out of Schueller's and though they have had repeated discussions on this, Schueller's is failing to correct the problem. Melissa Anderson is looking at other possible vendors.
- 2) Steven & Mary's has had some issues with managing the green vegetable requirement and has come up with some creative recipes that have been received well. They are also having issues with the high sodium content of the food. Participants have been asked to let the manager know which foods are particularly salty and they will try and eliminate them from the menu.
- 3) Lola makes the food for both the nutrition site, as well as the assisted living facility, which requires a new menu each month, requiring additional staff time to review and approve the menu.

**Manawa Nutrition Site:**

Leah Klein announced that a special meeting of the Committee on Aging will be held on 08/23/18, at 10:00 am in the county boardroom. This meeting will address the proposal to close the Manawa site for congregate dining, though the home delivery would remain. She cited lack of participation and building issues, as well as budgetary concerns as the reason this is being considered. Board member Janet Reilly expressed concern that there have been no community meetings to involve the Manawa community in this decision making process.

**Nutrition Program State Allocation:**

Due to the programs increasing needs we will be asking the state to move 60% of our budget (the maximum allowed in a year) to home delivered meals from the congregate budget.

**Congregate Dining Experience Survey:**

Melissa Anderson requested that each committee member attend a nutrition site that is not in their home community for the purpose of evaluating their experience at the site. Melissa passed out evaluation forms. Each member present picked a site: Janet – Lola, Barb – Waupaca, Jan – Clintonville, Wayne – New London, Carol - Weyauwega. Melissa will contact the absent members and ask them to attend the remaining sites.

**Next Meeting – Thursday, November 15, 2018, 1:30 pm –**

**Weyauwega Nutrition Site  
Weyauwega Community Center  
109 East Main St  
Weyauwega, WI 54983**

**Adjournment:** A motion was made by Janet Reilly and seconded by Wayne Laux to adjourn. **Motion carried.**

Respectfully Submitted,

Pat Huber, ADRC Clerk