

Aging and Disability Resource Center (ADRC) of Calumet, Outagamie and Waupaca (COW) Counties
Regional Advisory Committee Minutes
November 8, 2018

Members Present: Karth, Meyer, Cousins, Myers, Barkmeier, Jacklin, Craig, Laux

Members Excused: Webster, Larson, Lamers, Brunner

Staff Present: Dewhurst, Elias Planner, Kramer, Brenner

1. CALL TO ORDER: Cousins, Chairman, called the meeting to order at 2:00 p.m.
2. QUORUM: It was determined that a quorum was present.
3. INTRODUCTIONS: Introductions of members and staff.
4. APPROVAL OF AGENDA AND MINUTES: Minutes of the September 13, 2018 meeting minutes and the agenda for November 8, 2018 were approved. Motion made by Karth, second by Jacklin. Unanimous approval.
5. PUBLIC PARTICIPATION: Tom Myers
6. COMMUNICATIONS: None
7. ADRC 2019 BUDGET: Lynn Brenner, Calumet County Deputy Director, presented the 2019 ADRC Budget and an explanation of allocations. Joint expenses, General Purpose Revenue (GPR), and the percentage of breakdown by county were discussed. Federal match is an important component of the ADRC budget. Thirty eight percent of the budget is projected from the federal match for the 2019 budget. 100% Time Reporting by ADRC staff draws down federal funds for the match. The total ADRC budget for 2019 is \$2,674,174 million.
8. COMMITTEE MEMBER UPDATES: Cousins will make contact with the Fox Valley Technical College (FVTC) for a presentation at the January 2019 Regional Advisory Committee meeting. The subject will be on affordable classes for older adults. The Chilton FVTC has an ADRC class called, "Living Well with Chronic Conditions". Jacklin reported on the merger of Homeless Connections, the Fox Valley Warming Shelter, and the Housing Partnership of the Fox Cities. St. Matthew's church was instrumental in providing a location for Pillars. Barkmeier attended the Fox Valley Memory Project open house. The Fox Valley Memory Project began in 2011. Susan and John McFadden introduced the project based on a model from England to the Fox Valley. The Fox Valley Memory Project collaborates with other organizations such as Mosaic Family Health to offer programs and services to improve the quality of life for persons with dementia, as well as their family and caregivers. Programs include: Memory Cafes, the REACH program, memory assessments and more. Jill Grambow is the Executive Director for the Fox Valley Memory Project.
9. TOPICS FOR FUTURE DISCUSSION: Suggested speakers include: Ellen Koski, Advanced Care Planning and Supportive Decision Making; John Meissner, Options for Independent Living; Jill Grambow and Heather Flick, Fox Valley Memory Project; Nancy Krueger, ADRC Health and Wellness Coordinator; and programs at the FVTC for older adults.
10. WAUPACA COUNTY CITIZEN MEMBER: A citizen member is needed from Waupaca County for the ADRC Regional Advisory Committee.
11. 2019 MEETING DATES: Motion by Karth, second by Meyer. Unanimous approval.
12. REPORT OF AGING AND DISABILITY RESOURCE CENTER: Klein distributed *The 2019 Source*, the resource directory for the Waupaca County ADRC. The Outagamie County ADRC Resource Directory will be available on November 21st. The Alzheimer's Association is offering a training November 19th at the Calumet County courthouse, Room 25, at 2:00 p.m. on the "10 Warning Signs of Dementia". November is National Family Caregiver's Month. Outagamie County will hold an Open House and an Outagamie Caregiver Coalition Member Resource Fair on November

15th from 10:30 a.m. to 2:00 p.m. The Calumet Caregiver Conference was well attended. Marty Schreiber's presentation on "My Two Elaine's" was excellent. The ADRC Connection was distributed to the members. "Let's Talk About Medicine" is a free one hour educational program developed by Wisconsin Health Literacy. The program will be at the Uptown Commons in Chilton on December 5th at 11:30. Free lunch for participants, but attendees must register through the Calumet County ADRC by December 4th. Kramer attended the session for the public for the *Fall Prevention Community Event* held at the Bubolz Nature Preserve on Tuesday, October 30, 2018. More than 100 individuals attended the event. The Waupaca County Caregiver Conference was held on November 2nd at Trinity Lutheran Church in New London. Approximately 60 individuals attended and included speakers on caring for yourself as a caregiver; Harriet Redman, WisconSibs; understanding the needs of raising a child with autism; guardianship; estate planning; and a Tai Chi demonstration. Elias Planner shared Contact Activity for Outagamie County. A program Advance Directives & Beyond will be a six session series in collaboration with BrightStar Care on Mondays, March 18-April 22. The Wisconsin State Dementia Plan was shared with the group. Kramer will provide a satisfaction survey report at the January 2019 meeting from Dr. Amy Flowers, Analytic Insights, on the written survey sent to ADRC customers statewide. There was a 22% return rate for the survey versus 9% when phone surveys were conducted. A webinar for staff will be held on December 5, 2018 to discuss the results. A regional ADRC staff training will be held on Friday, December 14, at the Fox Valley Technical College in Appleton. The training held will be on cultural sensitivity, diversity, and inclusion. Speakers to date will include Karen Nelson, Diversity and Inclusion Coordinator, City of Appleton and Dana Johnson, MSW, with the University of Wisconsin Green Bay and Grow My Life.

13. MEETING ADJOURNED: Motion by Craig, second by Laughlin at 3:20 p.m. Unanimous vote to adjourn.

**NEXT MEETING: Thursday, January 10, 2019 2:00 p.m.
Goodwill Industries 1800 Appleton Road Menasha, WI**

These are unapproved minutes.