

May 2017

Iola and Manawa Senior Nutrition Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chop Suey Casserole Broccoli Biscuit Apple Crisp Bread, Butter & Milk	2 Hot Dog on a Bun French Fries Baked Beans Watermelon Pumpkin Bar Milk	3 BBQ Chicken Cheesy Potatoes Green Beans Orange Jell-O Salad Bread, Butter & Milk	4 Shepard's Pie Peas and Carrots Hot Cinnamon Apples Chef Choice Cookie French Bread, Butter & Milk	5 Baked Cod w/Butter Sauce Baked Potato w/ Sour Cream Coleslaw Cherry Pie Rye Bread, Butter & Milk
8 Happy Birthday!! Baked Chicken Sweet Potatoes Broccoli Salad & Apricots Marble Cake Bread, Butter & Milk	9 Liver , Bacon & Onions Parsley Boiled Potatoes Stewed Tomatoes Fruited Jell-O Roll, Butter & Milk	10 Baked Ham w/Cherry Glaze Au Gratin Potatoes Creamy Cucumbers Apple Pie Bread, Butter & Milk	11 Beefy Veggie Barley Soup Turkey & Swiss Sandwich Romaine Lettuce & Tom - Grapes Chefs Choice Cookie Bar Milk	12 Crab Cakes Mashed Potatoes With Creamed Peas Peaches Lemon Poppy seed Cupcakes Rye Bread, Butter & Milk
15 Rib & Kraut Duchess Potatoes Applesauce Butterscotch Torte French Bread, Butter & Milk	16 Spaghetti with Meat Sauce Steamed Broccoli Fruit Cocktail Cream Puff Garlic Bread Milk	17 Ranch Chicken Breasts Baby Red Potatoes Asparagus Mandarin Oranges Chefs Choice Cookie Bread, Butter & Milk	18 Pork Stir -fry with Brown rice Sugar snap peas Pears Ice Cream Roll, Butter & Milk	19 Popcorn Shrimp w/Cocktail Sauce Baked Potato w/Sour Cream & Green Beans Coleslaw & Grapes Lemon Meringue Pie Rye Bread, Butter & Milk
22 Turkey Ala King w/Biscuit (w/peas) Mediterranean Blend Veg. Cranberry Sauce Lemon Bar Milk	23 Italian Meatloaf Mashed Potatoes with Chives Steamed Carrots Strawberries with Angel Food Bread, Butter & Milk	24 Taco Casserole w/sour cream & salsa Corn Pears Brownie w/Frosting Bread, Butter & Milk	25 Chicken Alfredo w/noodles Steamed Broccoli Romaine Lettuce Salad Fruit Cobbler Garlic Bread & Milk	26 Fish Bites & Tartar Oven Roasted Potatoes Cole Slaw Fruit of the Forest Pie Rye Bread, Butter & Milk
29 CLOSED MEMORIAL DAY!!!	30 Chili Cornbread & Butter 7 Layers Salad Grapes Oatmeal Raisin Cookie Milk	31 Chicken Cordon Blue Au Gratin Potatoes Peas & Carrots Peaches Rice Pudding Roll, Butter & Milk		SENIOR MEAL SITES: Iola: (Lily) 715-445-2548 Manawa: (Mona) 920-596-3320

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